

A person is shown from behind, standing in a field of tall grass with their arms outstretched in prayer. The background is a dark, starry night sky with a faint nebula. The text "HINDRANCES TO PRAYER" is overlaid on the image in a large, stylized font.

HINDRANCES TO PRAYER

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1.

**SOME OF US BELIEVE
OUR PRAYERS WILL NOT
BE ANSWERED**

Ephesians 1:5 (NIV)

5 he predestined us for adoption to sonship through Jesus Christ, in accordance with his pleasure and will—

HEBREWS 4:15 (KJV)

15 For we have not an high priest which cannot be touched with the feeling of our infirmities; but was in all points tempted like as we are, yet without sin.

Jeremiah 3:1 (NIV)

1 “If a man divorces his wife and she leaves him and marries another man, should he return to her again? Would not the land be completely defiled? But you have lived as a prostitute with many lovers—would you now return to me?” declares the Lord.

Jeremiah 3:1 (KJV)

1 They say, If a man put away his wife, and she go from him, and become another man's, shall he return unto her again? shall not that land be greatly polluted? but thou hast played the harlot with many lovers; yet return again to me, saith the Lord.

2.

**SOME FELL GUILTY
BECAUSE WE ONLY PRAY
WHEN WE ARE IN TROUBLE**

PSALM 102:17 (NIV)

17 He will respond to the prayer of the destitute; he will not despise their plea.

3.

**PRAYER DOES NOT
HAVE TO BE LOUD
OR EXHAUSTING**

1 SAMUEL 1:13 (NIV)

13 Hannah was praying in her heart, and her lips were moving but her voice was not heard. Eli thought she was drunk

PSALM 6:1

6 O Lord, rebuke me not in thine anger, neither chasten me in thy hot displeasure.

PSALM 6:2 (KJV)

2 Have mercy upon me, O Lord; for I am weak: O Lord, heal me; for my bones are vexed.

4.

**SOME EMPHASIZE
MENTAL PRAYING
OVER PRAYING ALOUD**

PSALM 3:4 (KJV)

**4 I cried unto the Lord with my voice,
and he heard me out of his holy hill.
Selah.**

5.

**PREVAILING PRAYER IS
IMPOSSIBLE WITHOUT
THE HOLY SPIRIT**

ROMANS 8:26 (KJV)

26 Likewise the Spirit also helpeth our infirmities: for we know not what we should pray for as we ought: but the Spirit itself maketh intercession for us with groanings which cannot be uttered.

2 CORINTHIANS 10:5 (NIV)

5 We demolish arguments and every pretension that sets itself up against the knowledge of God, and we take captive every thought to make it obedient to Christ.

6.

**LIVING ACCORDING
TO THE FLESH**

7.

UNFORGIVENESS

8.

DOUBT AND UNBELIEF

9.

DISCORD IN THE HOME

10.

UNCONFESSED SIN

ISAIAH 59:2 (NIV)

2 But your iniquities have separated you from your God; your sins have hidden his face from you, so that he will not hear.

HINDRANCES

TO

PRAYER

